



Kirkley Nursery & Early Years Centre of
Excellence,
Kirkley Street, Lowestoft, Suffolk NR33



We are part of the Consortium Trust of Schools.
Nursery Lead Manager: Lucy Ruskin
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Kirkley Nursery Snack Information: Options and Costs

Snack time takes place **twice daily**, with over 50 children attending each session. To ensure all children have access to healthy food and a positive shared experience, we operate a **communal snack system**.

This system allows us to:

- Provide a variety of fruit, vegetables, and healthy snacks
- Promote independence as children prepare, serve, and tidy away snacks
- Support social skills such as sharing, choice-making, and eating together
- Save staff time so that more focus can remain on learning

Snack Options (in line with statutory guidance)

1. Contribute to the communal snack fund

- £3.00 per week for 15 hour funded sessions (or £6.00 for 30 funded hours)
- Nursery staff purchase and prepare snacks for all children

2. Provide your own snacks

Parents may choose to send in healthy, nut-free snacks each week.

- Snacks should be clearly labelled and brought in at the start of the week
- Snacks can either be added to the communal pool or kept for your child only (see below)

Suggested Suitable Snacks

Fruit: apples, pears, bananas, satsumas, melon

Vegetables: carrots, cucumber, cherry tomatoes, peppers

Other healthy options: breadsticks, crackers, cheese straws, rich tea biscuits, rice cakes



Please note: **No child will ever be treated differently** based on the option their family chooses.

If You Are Providing Your Child's Snack

Please indicate your preference:

Add to the communal pool

- Your child's snacks will be shared with the group
- In return, your child will enjoy a variety of fruits and healthy items provided by all families and the Nursery

Keep individual

- Your child will only have the specific snack you provide at each session
- Snacks should be healthy, nut-free, and, where possible, chosen from the nursery's suggested list to support consistency and healthy eating

We are grateful for your support in helping make snack time a valuable learning experience.

If you have any questions, or if providing snacks at the beginning of the week is difficult, please speak to **Lucy or April**. We will always work with families to find a suitable arrangement